



Taveuni Palms Lunch Menu

Soup of the day: Please ask for today's special served with garlic bread.

Wahoo Fish Tacos: White fish marinated in a secret sauce and then topped with cabbage, tomato, cheese and wrapped into our freshly made tortillas. Served with papaya lime salsa. Let us know if you like a little spice!

Yellow fin Tuna Sandwich: Grilled yellow fin Tuna topped with our own homemade pesto and served on an open face garlic French roll.

Chicken Wrap: Poached chicken and island vegetables all wrapped into a freshly made tortilla. Served with papaya lime salsa, pineapple chutney, or sweet chili sauce.

Vegetarian Wrap: Island vegetables all wrapped into a freshly made tortilla. Spiced with curry.

Quesadilla-a-la-teila: Fresh homemade roti layered with a blend of cheeses, tomato, basil, bele, garlic and onion. Spiced to savory excellence.

Sesame Chicken Salad: Fresh greens topped with grilled chicken, toasted sesame seeds and our own sesame seed dressing.

Papaya, Avocado and Prawn Salad: topped with homemade spicy lime vinaigrette.

Grilled Fish Salad: Locally caught fish, fresh greens topped with a papaya seed dressing.

Bird of Paradise Salad: Chicken, tropical fruits and salad served in a half pineapple and topped with curry mayo.

Island Salad: Fresh greens topped with island vegetables and our own papaya seed dressing



Taveuni Palms Lunch Menu Continued

Sushi: with your choice of fillings such as fresh fish, teriyaki chicken, prawn and avocado, or vegetarian.

Pesto Pasta: Penne Pasta topped with coconut basil pesto and garlic.

Garlic Chicken Pasta: Angel hair pasta tossed in a light herb sauce with spinach, tomato, garlic, onions, capsicum and marinated chicken. Spicy or mild.

Fish Burger: Locally caught fresh fish lightly seasoned and grilled to perfection, topped with blackened pineapple, cheese, tomato and lettuce. Served on a freshly baked bun with homemade fries and chutney dips. Beef or chicken option available also.

Island Curries: Your choice of chicken, fish, lamb, beef or vegetable curry made Fijian style with coconut cream or Indian style with spices. Served with roti, rice and chutneys.

Fijian Pizza: Homemade roti crust topped with tomato, basil and garlic sauce with your choice of toppings.

The Chef's at Taveuni Palms specialize in catering to dietary requirements. We delight in catering to Vegan, Kosher and Vegetarian guests.